## Materials: Schachenmayr Regia 6-ply

Color. Size $22 / 23$ to $28 / 29$ about 50 g , size
$30 / 31$ to $38 / 39$ about 100 g , size $40 / 41$ to $46 / 47$ about 150 g . Five US 3-6 [3-4mm] dpn, or size to obtain gauge.

The sock shown was worked with Regia Adventure Color \#06081 romantic color.

## Ensure that each sock starts with the same color motif!

Rib pattern: alt K2, P2.
Stockinette stitch: K all rnds, or in rows K RS rows, P WS rows.

Gauge: with st-st 22 sts and 30 rows/rnds, each to 4" [10cm].

## METHOD

Work both socks as given in our Sock Guide and the table.

## Sock Guide



Cast on: cast on the number of sts required evenly across 4 dpn , or as given in the method. The round change is at the center back, between Needles 1 and 4. This position is automatically marked by the initial yarn tail.


Now work the leg in rounds. Start with a cuff $1 \frac{1}{8}$ to $2^{\text {" }}$ [3 to 5 cm ] high with rib pattern. The alternation of $K$ and $P$ sts gives the cuff its elasticity Then work leg with st-st the desired length, or as given in the table.
After the leg, work the foot.

## Abbreviations:

alt $=$ alternate/ly $\cdot$ altog $=$ altogether $\cdot \mathbf{c h}=$ chain $\cdot \mathbf{c m}=$ centimetres $\cdot$ cont $=$ continue $\cdot \mathbf{d e c}=$ decrease $\cdot$ foll $=$ follow/ing $\cdot \mathbf{g}=\mathrm{grams} \cdot \mathrm{inc}=$ increase $\cdot \mathbf{K}=\mathrm{knit} \cdot \mathbf{L H}=$ left-hand $\mathbf{m}=$ meters $\cdot \mathbf{m m}=$ millimetres $\cdot \mathbf{P}=$ purl $\cdot$ patt = pattern $\cdot \mathbf{r e m}=$ remaining/remainder $\cdot \mathbf{r e v} \mathbf{s t - s t}=$ reversed stocking stitch $\cdot \mathbf{R H}=$ right-hand $\cdot \mathbf{R S}=$ right side $\cdot \mathbf{s e p}=$ separately $\mathbf{s t}(\mathbf{s}) .=$ stitch(es) $\cdot \mathbf{s t}-\mathbf{s t}=$ stocking stitch $\cdot \mathbf{t b l}=$ through back of loop $\cdot \mathbf{t o g}=$ together $\cdot \mathbf{W S}=$ wrong side

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## Boomerang (or round) heel

With stockinette stitch work in rows across Needles 1 and 4 as foll: arrange sts for heel in 3 sections as given in the line „Stitches for boomerang heel". The number of wrap sts on Needle 1 are before the 1st slash, the number of wrap sts on Needle 4 are after the 2nd slash. The number of sts across the center panel (wrap sts are not worked across these sts) are between the two slashes. Then work short rows with wrap sts. For the first half of the heel work the 1st wrap st on Needle 1 tog with the last st before Needle 2 in a WS row, and on Needle 4 work the 1 st wrap st tog with the 1 st st after Needle 3 in a RS row. In every foll row work at the end of row 1 st less, turn and at beg of foll row the next wrap st. Cont until just the sts of center panel rem.
Now K 2 rnds across all sts, then for 2nd half of heel work short rows with wrap sts working in the opposite direction, thus with Needle 1 work the 1st wrap st tog with the 1 st st after the center panel, and the last wrap st tog with the last st on Needle 1, with Needle 4 work the 1st wrap st tog with the 1st st after center panel, and the last wrap st tog with the 1st st on Needle 4.

## Working Wrap stitches



To work a wrap st in a WS row take thread to front of work, then slip st and thread purlwise, then pull st and thread firmly back, the st is now wrapped on the needle. If the yarn is not pulled up firmly enough, this will result in holes forming.


Work the wrap st in RS rows as for the wrap st in WS rows.


When working across wrap sts in foll RS and WS rows pick up both parts of the wrap st and $K$ or $P$.

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## Working the Boomerang (or round) Heel



## 1st half of heel

Row 1 (RS): K across all sts on Needle 1 , turn.
Row 2 (WS): work 1 wrap st, then P across rem sts on Needle 1 and all sts on Needle 4.
Row 3: 1 wrap st, then $K$ across Needles 4 and 1 to the wrap st at end of row, leave wrap st unworked; turn.
Row 4: work 1 wrap st, then $P$ to the wrap st; turn. Rep rows 3 and 4 until just the sts of center panel rem. Now K 2 rounds across all sts. In the first round pick up both parts of the wrap sts and K as for 1 st. Then work 2nd half of heel.


## 2nd half of heel

Row 1 (RS): K across the sts of the center panel and the next st, turn.

Row 2 (WS): 1 wrap st. Now $P$ across all rem sts of center panel and the next st, turn.
Row 3: 1 wrap st, then $K$ to the wrap st, $K$ wrap st as described and K foll st, then turn.
Row 4: 1 wrap st. Now $P$ to the wrap st, $P$ this as described, then $P$ the next st, turn.
Rep rows 3 and 4 throughout until a wrap st has been worked across the outer heel sts too.
After the last WS row turn and work 1 more wrap st, K across rem sts on Needle 4, cont in rounds, in 1st rnd K wrap sts as described.
For foot cont with st-st across all sts to paired decreases for toes.


Paired decreases: work with st-st. In 1st rnd work to 3 from end of Needles 1 and 3, then K2tog, K last st; across Needles 2 and 4 K 1st st, then work skp, K rem sts. Repeat these decreases as given in the table until just 8 sts remain. Pull these sts together firmly with the double yarn, or graft the sts of the decreases together.

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Table for Socks with Schachenmayr Regia 6-ply
Gauge: with $3-4 \mathrm{~mm}$ needles and st-st 22 stitches and 30 rows/rounds, each to $4^{\prime \prime}$ [ 10 cm ].

| Size | 22/23 | 24/25 | 26/27 | 28/29 | 30/31 | 32/33 | 34/35 | 36/37 | 38/39 | 40/41 | 42/43 | 44/45 | 46/47 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Length of foot (cm) | 14.5 | 15.5 | 17 | 18 | 19.5 | 21 | 22 | 23.5 | 25 | 26.5 | 27.5 | 28.5 | 30 |
| Length of foot (inch) | 53/4" | 61/8" | 63/4" | 71/8" | 75/8'1 | 81/4" | 83/4" | 91/4" | 97/8" | 103/8" | 107/8" | 111/4" | $11^{3 / 4}{ }^{\prime \prime}$ |
| Cast on (sts) | 32 | 36 | 36 | 40 | 40 | 44 | 44 | 48 | 48 | 52 | 52 | 56 | 56 |
| Sts per needle | 8 | 9 | 9 | 10 | 10 | 11 | 11 | 12 | 12 | 13 | 13 | 14 | 14 |
| Length of leg (cm) | 10 | 11 | 12 | 12 | 13 | 14 | 16 | 16 | 18 | 18 | 19 | 19 | 20 |
| Length of leg (inch) | 37/8" | 43/8" | 43/4" | 43/4" | 51/8" | 51/2" | 61/4" | 61/4" | 71⁄81 | 71⁄81 | 71/2" | 71211 | 77/8" |
| Width of heel (sts) | 16 | 18 | 18 | 20 | 20 | 22 | 22 | 24 | 24 | 26 | 26 | 28 | 28 |
| Sts for round heel | 5/6/5 | 6/6/6 | 6/6/6 | 6/8/6 | 6/8/6 | 7/8/7 | 7/8/7 | 8/8/8 | 8/8/8 | 8/10/8 | 8/10/8 | 9/10/9 | 9/10/9 |
| Length of foot to start of toes (cm) | 12 | 12 | 13.5 | 14 | 15 | 16.5 | 17 | 18 | 20 | 21.5 | 22.5 | 23 | 24.5 |
| Length of foot to start of toes (inch) | 43/4" | 43/4" | 53/8" | 51/2" | 57/8" | 612" | 63/4" | 71⁄81 | 77/8" | 81221 | 87/8" | $9{ }^{\prime \prime}$ | 95/8" |
| Decreases for paired toe decreases after 1st decrease round |  |  |  |  |  |  |  |  |  |  |  |  |  |
| in 3rd round | --- | --- | --- | ---- | --- | --- | --- | 1x | 1x | 1x | 1x | 1x | 1x |
| in every 2nd round | 2x | 3 x | 3 x | 3 x | 3 x | 4 x | 4 x | 4x | 4 x | 4 x | 4x | 4 x | 4 x |
| in every round | 3 x | 3 x | 3 x | 4 x | 4 x | 4 x | 4 x | 4 x | 4 x | 5 x | 5 x | 6 x | 6 x |

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